



Issue 39 ▼ May 2008



Did you know we have door prizes at many of our events? –I know I've said so online, but can't recall if I mentioned it in a past newsletter or not...

In any case, yes, we do have door prizes!

In the past we've given away free memberships, a wall clock, DVDs, a universal TV remote w/corkscrew & bottle opener, gift cards, T-shirts, mugs, & more!

For example, on 4/12 at our Art Workshop, Jeff N., a new member, won the choice of a GNI long-sleeved T or a GNI travel mug, and he selected the mug.

We also had an interesting new experience at the Art Workshop, besides the creation of art!...

Eric L., from "*The Blade*" was present for a group interview, which hopefully will appear in the June issue.

"The Blade", which has a web site at GayBlade.com, is a GLBT monthly magazine for the Long Beach/Orange County area, and can be found at the Long Beach & O.C. Centers, as well as at many gay bars and gay-run or gay-friendly establishments in the area.

A number of our RSVP'd artists and models didn't show-up that day, but we did get a little art done, and everyone had a great time socializing & enjoying all the good food the guys brought!

Also, many, many thanks to Bill for hosting this, his second event in as many months, and also for offering to host a Massage Trade Social on Sunday, May 4th!

For his trouble, Bill is getting more than a token of our appreciation – Check this out:

Effective immediately we're making a minor change to our hosting offer, and for the better, I might add!

Until now, we've been offering only 6 mos. to a year of free membership...

Now, once you host an event, you're immediately given a 1 year membership with electronic newsletters (for non-members), or a 1 year extension of your current electronic membership or 6 months extension on a printed membership. (Electronic & printed refer to the newsletters, by the way. All other perks are the same.)

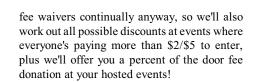
You'll be eligible for another membership extension again after 6 months from your last hosted event.

However, if you do host a second event during that 6 month period, you'll be eligible to attend as many DONATION funded events as you like for free during the remainder of that 6 month period! (IE: If we ask for \$2 for members, \$5 for non-members, you get in free, which is the same as lifetime members are getting currently.)

If you host a 3rd event during that period, we'll waive your event attendance donations for the remainder of 12 months from your 1st event.

Want to host a 4th event in 6 months? Then you'll get attendance donations waived for the remainder of your current membership period! (Which means if you've paid for 2 years in advance, the remainder of those 2 years, plus any time we've added already, will be free!)

If you really want to go nuts and host something on a monthly basis, you'll be renewing yourself for membership & the event



If this sounds good to you, please either reply or click the following link to take advantage of the new hosting offer:

http://B-MEN.org/hosting-offer/

* * * * *

While our membership rates did go up effective 2/1/2008 to \$25 for 1 year of membership with printed newsletters for singles or \$30/year for couples & electronic newsletter membership is now \$10/year for singles or \$15 couples, I'd like to make you a special offer!

If you join for a minimum of 2 years, we'll give it to you at our old rate until May 31^{st} , 2008! That would be 2 years of printed newsletters for \$40 (\$50 for couples), or 2 years of electronic newsletters for \$15 (\$20 for couples).

To take advantage of this special offer, you will need to either pay in person (at an event or by arrangement to meet myself), or you can pay online via PayPal or Amazon.com (please contact us before sending payment in any case, and we'll confirm the offer & rate to pay.

Classified Ads

Free Scanner!

John has a Windows-compatible scanner that does not work under Windows XP or Vista and would love to give it a new home where it can be used. This is a full-page, color scanner, and

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is complete with PC & power cables. You just need to download the driver for free online, or let me know ahead of time and bring a diskette to put is on or I can burn it to a CD for \$1. All you need is a parallel port configured as ECP or EPP to use it, and you can connect your printer in back of it and use it with the scanner still connected. It can scan up to 2400x2400 at 24-bit color, and supports media up to 8.5"x11". Driver also supports scanning negatives. Please contact him at (562) 310-2847 or doctor34@beach-cities.com.

Your Ad Could Be Here!!!

▼

Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others that we accept for print).

If you wish like to feature an item for sale, a room for rent, your services to offer, etc, please get in touch with us via: e-mail at <u>B-MEN@B-MEN.Org</u>; by phone or FAX to either (310) 884-1019, (714) 682-0149, or (888) 487-9025 x1002; or by mail to the address on the last page. \checkmark

Happy Birthday To:

David K. on 05/10, JD G. on 05/22, Tyler H. on 05/26.

Become a member and get your birthday listed here too!

Who is this Celebrity Guy?

In the last issue, the celebrity of the month was Gerard Depardieu from an unknown source.



The answer to who is shown here will be in the next issue. A hint: He

currently plays a doctor on a Fox TV series. ▼

Have an Idea For an Event???

We're always looking to find new things to do as well as new places do events, so if you have any ideas, even if they seem a little zany, please let us know – even if you cannot host your idea.

Speaking of which, if you can host, you'll get up to one year of membership in B-MEN (or an extension of your current membership) for the use of your place, as well as your time and effort. You can find our offer at: http://B-MEN.Org/hosting-offer/

If you're not online, or want to send us your ideas, please contact us at any method on the last page. ▼

Refer a Friend, Get Free Membership!

If you know of someone who'd love to get naked & relax with us, please tell them about us! If they become a member, we'll give you a free membership or extension of same for ¹/₄ of their membership period if they indicate you as their referral on our membership form.

You can also get a free membership (or extension) for up to 6 months for referring a new event host whether or not they join as a paid member before that. (They simply need to host at least one event and mention you as referral during event coordination talks.) –See last page to contact us. ▼

Calendar of Events

(All Events Are *Tentative* - *RSVP is required*!)

To RSVP for any event, please click or go to online to the following link, or call us via any hotline on page 4 if you have no email.

http://B-MEN.Org/rsvp/

Fri., Apr. 25th -OR- Sat., 4/26 thru Sun., 4/27 Canyon Club Resort Palm Springs Trip

(with Bare Buns California (BBC) club of San Diego!)

You're welcome to bunk with us or by yourself in one of Canyon Club's rooms, or just stay the day if you wish. If you are not familiar with Canyon Club, they are a gay men's clothing-optional resort in the P.S. area.

Those who want to book your own room at the Canyon Club Hotel need to call them direct at 1-877-258-2887 or book on line at: <u>http://www.canyonclubhotel.com</u>

(Don't forget to say you are with BBC & B-MEN to get the \$89 per night rate.)

If you want to share a room, let us know when you RSVP.

Map Link to Canyon Club Hotel: http://tinyurl.com/3chgxy

Join us & the BBC guys for a weekend of activities. As at recent Palm Springs weekends, the Canyon Club Hotel will serve as the host hotel. The hotel will be offering special rates of \$89 for most rooms, \$109 for rooms with kitchens. These rates are exclusive of tax. More info on the hotel at their website.

A Saturday afternoon pool party will be hosted by Evan V. at his beautiful Palm Springs home. Beginning at noon, you are invited to lounge by the pool and enjoy the desert sun. Between 2 and 3 the club will host a BBQ. This is NOT a potluck and the door fee will be \$5 for everyone. Limit of 50.

On Saturday evening everyone is welcome at the Canyon Club to enjoy the heated pool, spa, steam room and sauna, and what will probably be their newly completed outdoor play garden.

Then on Sunday morning, Jim H. will host a full Sunday brunch at the hotel before checkout time. The door fee again will be \$5 for everyone.

When you RSVP, make sure to specify each event (Saturday BBQ or Sunday Brunch or both) you will be attending. You must RSVP no later than Wednesday, April 23rd. This is important for the hosts to plan food.

Note if you're not staying at the Canyon Club, you can still get in as a guest of the BBC & B-MEN, and there is no day use fee for this like some of the resorts charge.

Sunday, May 4, Noon-6pm??? Massage Trade Social

(in Anaheim, near 57 & 91 Fwy. Interchange) Map/directions link:

http://tinyurl.com/2mhc9h

(Note: This is a PARTIAL/INCOMPLETE address - the full one is given to those who RSVP only.)

If you have a massage table & can bring it, let us know! (Free admission for paid members who do so, others get in at member rate. –We

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have limited space for tables, so it's on a first-RSVP basis.)

BRING YOUR OWN beverages, towels (2 min. - 1 to sit on at ALL times), an extra lg. towel or sm. sheet if swapping massage, as well as non-staining massage lotion, oil, or gel.

Also *PLEASE* bring snacks to share. (IE: Lg. bag of chips, med. bag chips & dip, or other appetizers.)

We'll ask who's interested in pizza and order for delivery by about 2-3pm - expect \$5 for pizza if interested. \$2 discount offered if you bring a side dish for pizza. (This is in addition to the door fee, naturally.)

Cost: \$2 for all paid members, \$5 all non-members. (Not counting pizza!)

If you bring a massage table that everyone can use, paid members get in free, others \$2.

The official party will end at about 6pm, after which we'll have an "after hours" party until ??? –No sexual expression will be permitted before 6pm.

Friday, May 9 or Sat., May 10 to Sun., May 11 <u>Tecopa Hot Springs & Death</u> <u>Valley Sights Trip</u>

Map/Driving directions to approx. location of Delight's and the CLM-run public baths: http://tinyurl.com/3d6rug

We plan to stay the first night at Delight's (motel & cabin-type rooms), and grab some group soaking there before turning in for the night. (If there's light on your way out, be sure to look for wild flowers!)

Sat. early would probably be breakfast in Shoshone at the Crowbar (or got any better ideas?), and then go out to the ghost town area around Amargosa... Sight some wildflowers along the way to/from.

Do lunch at Crowbar (or ???) on return, and checkout the Death Valley museum.

After that, go down to Southern Tecopa to the China Ranch Date Farm.

Then, perhaps it will be time for dinner (are any of the cafes in Tecopa open evenings in early May?)...

Again, soak a while before bed.

Sun. AM go for breakfast somewhere, and then do some nude hiking (and/or soak)...

After the hike, pack (if needed), & soak some more, then go back out to the Crowbar for lunch before trekking back to SoCal. Naturally, you can soak nude at Delight's, and we can do some nude hiking, but the restaurants, date farm, museum, & ghost town will all be clothed - sorry.

We're naturally looking for guys wanting to car pool there & back, as well as while we're there as a group.

Depending on the size of the group, we can perhaps get a cabin, and not have to rent several rooms.

If you've never been to Tecopa Hot Springs, you'll find the water leaves you feeling like silk... And initially when you take a shower, it might seem like you're not getting the soap off, as the water's so dense.

(Which I find a bit ironic... It seems to soft, so how come the water's called "hard"? ;))

You will want to bring water & good walking shoes, and perhaps a change of clothing or two... If we're staying at Delight's, we won't need towels, and can actually use the mineral spring tubs there 24 hrs. w/no additional cost over the room.

(Which is why I'm thinking stay there as a group - unless someone has an RV, then we can use a county campground and use the public baths at no extra charge [rather than \$5/day/person], but will have limited hours [something like 10am-8pm from a recent post I saw in the Yahoo T.H.S. forum].)

If we had 6 guys car-pool out there in one car, and the driver says it costs \$0.25/mi., not counting any extras you might get - just the room for 2 nights, an average of \$7.50 per meal for 6 meals, and the share of the gas costs for the driver, I'd estimate around \$105 BEFORE taxes per guy.

Buying extra goodies & mementos of the trip at places like the Shoshone General Store, the China Ranch Date Farm, & the museum or spending more on food & drink will add to your total.

Also, I am not 100% sure of the distance to the date farm or to the Amargosa Junction, so there will be a little additional mileage.

If there are more or less guys and/or we take a different room or cabin, that will cause the cost to go up or down as well.

This is just a ballpark figure for you to think about right now & see if you're interested.

I doubt total cost will be over \$125, incl. taxes - that is unless you want to buy every souvenir you see! ;)

Alternate Event for: Sunday, May 11 Black's Beach (Clothing-

Optional Beach) Trip

(with the guys from Bare Buns California in San Diego)

(Black's is a portion of the Torrey Pines State Beach in La Jolla)

Meet up with BBC & B-MEN members and friends at the gay section, at the North end.

Look for the BBC banner.

BYO food, drink, towel, sunblock, etc.

If rain or cool weather we'll cancel.

A parking fee may apply, and may vary by location.

Thursday, May 15, ? 5pm-9pm ?

Imperial Spa

(Garden Grove, Garden Grove Bl., 2 blocks E. of Beach Bl. at Fern & off the Beach exit of the 22 Fwy.)

You're actually welcome to come anytime after 8am and stay as late as 10pm, but we'll focus on being there as a group between 5pm & 9pm.

They have many types of saunas & steam rooms, plus large Jacuzzi & cold plunge. Also heated relaxation areas. \$15 entry (discounted if we can get a group of 10 to pre-pay). BYO non-alch. beverages. Sparklets water is free on tap.

They also have optional/extra services, like a body scrub (while nude in alcove of men's area) for \$25 (plus entry fee).

Imperial Spa 8251 Garden Grove Bl. Garden Grove, CA 92844 Phone: 714-530-0055 MapQuest link: http://tinyurl.com/ys3oap

For anyone not familiar with the spa, you can see our Yahoo Group forum for a full description & review.

They have separate men's & women's wet areas, so nudity is expected - and required in the Jacuzzi & cold plunge.

They have standing & seated (Korean-style) showers, a dry sauna, a hot steam room (also called a wet sauna), a "Lime Fomentation" mildly warm steam room, lg. Jacuzzi (jets on half of it), cold plunge, as well as a room-temp recliner room for relaxing/napping, a mildly warm "Jade Fomentation" room & a moderately warm to mildly hot Salt Room - the

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latter 2 have heated walls & floor, with mats and/or blankets to lay on.

May 17-May 18 Long Beach Pride Festival http://www.longbeachpride.org

Saturday, May 24 <u>San Onofre State Beach</u> <u>(Clothing-Optional Beach)</u> <u>Trip w/Potluck Picnic</u>

(San Onofre is just South of San Clemente) We are STRONGLY encouraging car-pooling to save gas, money, and help some of our members attend who cannot otherwise.

The main car-pooling location is designated as the shopping centers at either side of Beach Bl. immediately North of Garden Grove Bl. and the Garden Grove/22 Fwy., where we well plan to meet at 9am and travel from there to S.O., which is about a 45 min./45 mi. drive from there. (These are the former Food 4 Less [soon to be "Freshia" on the East side] and Ralphs [which is now "The Garden" on the West side] locations, where there is plenty of hassle-free parking. (Another nearby location with more oversight on parking would be the Wal-Mart on the other side of the Fwy.)

Other car-pool locations and pick-ups will be arranged as needed.

DO NOT just show-up at the location, or the beach, either, please! But instead please RSVP, letting us know what sort of food you will bring to share and if you need a ride or can drive a car-pool there. (We naturally ask carpoolees to help with the driver's gas & beach parking costs.)

If you are driving there on your own, please meet-up near the area a few yards JUST BEFORE the fence fragment at the Camp Pendleton Marine base line around Noon. -We will attempt to stake out an area of the beach in this area for our group.

BYO beverages, towel, sunblock, etc, as well as food to share.

If it is going to rain or be cool we'll cancel. (Weather cancellation, if necessary, to be posted online & to RSVP's about 24 hours ahead of time.)

Expect the potluck picnic to begin somewhere between 12:30 & 1pm.

Cost: Expect \$10 per car parking fee, unless you have a CA State Parks Pass.

Assuming your president can get a lift out there, B-MEN will provide plates, plastic ware, cups, & napkins, but you MUST RSVP so that we can bring a sufficient qty. of each.

> Sunday, May 25, ? Noon-6pm ? <u>Imperial Spa</u> (See 5/15 for info.)

Fri., May 30 -OR- Sat., 5/31 thru Sun., 6/1 Parrot Head Dance (Jimmy Buffet) & Carnival Games Weekend at DeAnza Springs

with the guys of Bare Buns California (BBC) club in Eastern San Diego County! Map/directions: http://tinyurl.com/39umgf

See our Yahoo Groups or July 2007 Newsletter for a short review of DeAnza Springs.

DeAnza Springs welcomes back B-MEN & BBC members (whether you're a Jimmy Buffett fan or not) for a weekend of some Changes in Latitudes, Changes in Attitudes, including a Parrot Head Dance, Midway Games and more!

Come for the day, or stay overnight. Motel rooms are \$59 [trailers or RV or tent space also available] - reserve your own space directly with DeAnza at 1.877.2GO.NUDE, or RSVP and let us know you want to share a room. The group day fee at the resort is again \$12. More information about the resort is at their website: http://www.deanzasprings.com

Saturday will start slowly- Arrive on your own schedule or car-pool with us (let us know when you RSVP).

Parrotheads may spend the day playing water volleyball in the indoor pool, nude hiking in the beautiful backcountry, or just playing beach bum by the outdoor pool.

At about 4pm, BBC members Richard and Craig invite us to their newly expanded Casita for a BBQ with hot dogs, veggie burgers, or a Cheeseburger in Paradise. For the BBQ, there will be a \$5 fee for everyone. Please RSVP to before Wednesday May 28th & let us know if you're going to this BBQ.

And since It's Five O'clock Somewhere, several individuals will coordinate Margaritaville.

Bring a tent, RV, or trailer, or bunk with us or by yourself in one of DeAnza's nice rentals (motel & trailers/mobile homes).

Take a hike or walk, play tennis or volleyball, take a dip in the Jacuzzi or a soak in the pool all naked as the day you were born!

The place is like a state or national campground, except it has a clubhouse, cafe, bar, pools, Jacuzzi, etc, and is all nude-OK! (Pool & Jacuzzi are nude-mandatory. FYI: Most of the people there are nude most of the time.)

Rental units all have sat. TV, fridge, & A/C or swamp cooler; mobile-home rentals also have full size fridge/freezer, dishes, pots, pans, silverware, etc.

Late arrivals (after 5pm) are possible, as long as you've either been there before or accompany someone who has and stay the night with them (like Dave from Irvine or John, the B-MEN President).

(This resort is open to anyone, so you MAY see kids and you WILL see women nude there... I personally say if you don't want to see it, don't look at it... Just hang-out with the rest of us and have some fun! In June '07, there were no kids present, and much more men than women, FWIW.)

We WILL schedule BBQ's at the main rental location (likely a mobile-home) 1 or more evenings, as well as scheduling other activities of our own, like hikes, a massage swaps, game & movie times, etc.

A cafe is on-site if you're not bringing your own food or participating in the BBQs (we'll post how much a share estimated by end of July, but expect \$15 for Fri. dinner thru Sun. lunch, which is less than the cafe).

Cost: Your own or shared food, shared or private lodging (from \$59+\$3.50/person after 1st), and park use fee of \$12 per day (lodging & day fees due directly to D.S.) - a one-day use, first timer only (takes 1 day use fee off your total stay's fees) free pass is available online at DeAnzaSprings.com - They take cash, Visa, MasterCard, AmEx & Discover cards. (B-MEN welcomes donations, but is not requiring anything outside of food share costs *IF* you participate.)

FYI: The BBC guys may have some available "drag" items (wigs, dresses, make-up) if you are interested in going drag at the Gender Bender.

Also, if anyone's seriously interested in saving money on food and having meals with us, based on RSVP's we'll price items needed at Sam's Club or Costco to cover things like

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Pancakes w/Bacon, Breakfast Burritos, Burgers, Pizza, Lasagne, and more - we are open to suggestions & help w/pick-up or cooking on this. -We will provide plates, cups, flatware, & napkins, and possibly ice (though we may need help w/ice).

Your event could be right here!

Contact us *TODAY* to get *your* event scheduled!

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Please also see our **polling page** online (or call us at any number on the last page to take part in the polls) for our event planning polls! –These help us decide what to do based on **what** *YOU* want to do!

http://B-MEN.Org/polls/

Upcoming Events:

Here's what's coming up for B-MEN. (The events marked with a "♥" are co-sponsored with the guys of BBC [Bare Buns California] of San Diego. http://www.barebunscalifornia.org)

st., June 14: San Vicente Inn Pool/Spa Party (WeHo)

🖙 Sat., June 21: Black's Beach (La Jolla) 🗘

sat., July 12: San Vicente Inn Pool/Spa Party (WeHo)

ISF Sun., July 20: Gay Pride @ Black's Beach (La Jolla) ♥

🖙 Sat., Aug. 9: Black's Beach (La Jolla) 🛇

Aug. 15-17: DeAnza Springs' Gender Bender Dance (Eastern San Diego County) ¹
Sun., Aug. 24: Black's Beach (La Jolla) ¹
Sun., Sept. 21: Black's Beach (La Jolla) ¹
¹ Oct. 31-Nov. 2: Palm Springs (possible resched. as this is also P.S. Pride weekend) ¹

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Tell Us What **You** Want!

Hey guys, it's YOUR club, so please tell us what sort of events you'd like to participate in, even if you can't host such an event! –We'll see what we can do to accommodate your idea or request! ▼



Links of the Month

I know, it's been a while since we've featured this, but since we have an expanded newsletter this month, here's some great sites to visit online that relate to our lifestyle in some way:

Why Hide Your Penis? <u>http://WHYP.Beach-Cities.Com</u> and forum: http://groups.yahoo.com/group/WHYP/

This site & companion forum are a good way for those with various body-shyness or image issues to relate with others that have or have had the same problem, and see what we can do together to over come it.

Things like getting naked & showering in the men's locker room, using a trough urinal in a public restroom, and even visiting a nude beach are all covered here.

The site & forum are also good for guys that just have issues taking their shirts off.

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SoCal Goys: http://groups.yahoo.com/group/SoCalGoys/

The term "Goy", or as the founders of the word spell it "G@y" (that's a zero in the middle), is an adaption of the word "gay",

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and the zero is used by them to represent the "a" crossed out, with the "a" relating to anal sex. (It has nothing at all to do with being Jewish or not, which I guess is why the originators like spelling it with a zero, like the slashed "O" in Nordic alphabets.)

In other words, "goys" are the same as "gays", but do not participate in analrelated activities of any kind.

The forum linked above is a place to talk about this type of lifestyle, and get to meet others that share the interest in Southern California.

What Do You Think?!?

Got a comment, suggestion, or even criticism of one of our events, the newsletter, web site, or something else of ours? Please let us know!

We want to make this club the best it can be so everyone enjoys it throughly!

Use any contact method on the last page, and you're welcome to make an anonymous phone, fax, or even e-mail message via the feedback button on our web site – just enter "anony@mous.com" or something like that for the address. –Naturally we cannot reply to such, but we'll listen! ▼



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To become a member and receive our monthly newsletter, see our web site, or please send the amount below, preferably via Money Order or guaranteed check^{*}, to the address in the next column, and make it **payable to John E.**

Membership Form

Name <u>(s)</u>
Address
City
State
Zip
Phone ()
E-Mail
Birthday Month & Day
Please check as appropriate: Is this a: □ New Membership □ Renewal
Membership Options: 1 Year - Printed Newsletter: \$25.00/year 1 Year - Electronic Newsletter (e-mail/download): \$10.00/year Partners or Roommates add \$5.00 for each to the above 2 options. Lifetime - Electronic Newsletter \$100 sgl./\$150 cpl.
□ College Student or Limited/Fixed Income - Electronic Newsletter \$5.00/year (Contact us first!).
Would you like your: Name & last initial on our members' contact list? □ Yes □ No Phone # listed also? □ Yes □ No E-Mail Address also? □ Yes □ No
Would you permit your photo to be used in: Our newsletter & online members only areas? □ Yes □ No Our public web site? □ Yes □ No Other club's newsletters? □ Yes □ No
Can you offer or do you need a ride or wish to car-pool to events? I can offer a ride. I need a ride. I wish to car-pool.
For ride-sharing purposes, what area do you live in? Nearest <i>Major</i> Intersection - N/S Street first, please:
City

Zip_

How did you first learn about our group? (Be specific!)

* If you are interested in joining via **credit card**, **electronic check**, **or check by phone or FAX**, please check our website, e-mail us, or call us at one of the numbers below for more information.

Our Group's Purpose

(Southern California) Beach Men Enjoying Naturism (AKA *B-MEN*) is a men's naturist/nudist social group. Our focus is as a loosely organized social club, not a sex/adult activity club. (Any sexual activities are at the discretion of the event's host, and we support only safe sex activities.)

Fees: In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$5 per member, first time guest, or brother club member (with proof, please) per event, and \$5-\$10 per non-member per event. –This does not take into consideration any additional donation for the host's or venue expenses.

People: We are not a clothing-optional club, instead we *require nudity*.

We are a **private**, **not-for-profit** club that accepts males of all ages (as long as you are at least age 18), nationalities/race, sexual orientations, and religions.

It does not matter your body-type: Fat, skinny, tall, short, or whatever your penis size, you're always welcome at *B-MEN*!

Guests, visitors from other clubs, and new members are *always* welcome!

Contact Methods:

• US Mail: B-MEN P.O. Box 395 Westminster, CA 92684-0395

• E-Mail: <u>B-MEN@B-MEN.Org</u>

• 24 Hour VoiceMail Phone Numbers: Toll-Free: (888) 487-9025 x1002 Compton area: (310) 884-1019 Santa Ana area: (714) 682-0149

For the *fastest* response, please contact us via e-mail at the address above, or via our web site:

• Web Site: http://B-MEN.Org

• Yahoo Group Forums:

http://groups.yahoo.com/group/B-MEN/ http://groups.yahoo.com/group/BMEN-Locals/ And for members only: http://groups.yahoo.com/group/BMEN-Members/

Newsletter: The deadline for submission of items is the 15^{th} of the month prior to publication, or the 20^{th} of the prior month if submitting online.

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